

Potato Wafers – Simply Salted Product Details

Net Weight: 150g (5.29oz)

Nutrition Facts		
Serving Size: 28.35g (1oz)		5 servings per pack
Amount per serving		% DV*
Calories	157	
Total Fat	9.3g	12%
Saturated Fat	4.5g	22%
Trans Fat	<0.1g	
Sodium	109mg	5%
Total Carbohydrate	15.1g	4%
Total Sugars	<0.3g	
Includes added sugar	0.2g	
Fibre	2.0g	7%
Protein	2.2g	4%
Salt	<1g	
Vitamin D		<0.1%
Calcium		<0.1%
Iron		2%
Potassium		8%
*The % Daily Value (DV) tells you how much a nutrient serving of food contributes to a daily diet. For general nutrition advice, 2000 calories a day is used.		

Ingredients
Potato (89%), Edible Vegetable Oil (Palmolein) (1.6%), Edible Common Salt (0.4%)

Nutrition Information	
Typical Value (approx.)	per 100g
Energy	2320 KJ/554 kcal
Fat	32.86g
of which Saturates	16g
Carbohydrates	53.41g
of which Sugar	<1g
Protein	7.68g
Sodium	385mg
Fibre	7.0g
Salt	1.0g

Allergen Advice:

The product is made in a facility that processes Peanut, Tree Nuts, Soya, Sesame Seeds and Cereals